# SPIRITUAL ADJUSTMENTS TO LIFE

By
Buddy Dano, Pastor
Divine Viewpoint
www.divineviewpoint.com



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# Worry

1 Peter 5:7, "Casting all your care upon Him; for He careth for you."

Isaiah 26:3, "Thou wilt keep him in perfect peace, whose mind is stayed on Thee: because he trusteth in Thee."

## **Stress**

Philippians 4: 6-7, "Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus."

#### Fear

Psalm 27:1, "A Psalm of David. The LORD is my Light and my Salvation; whom shall I fear? the LORD is the Strength of my life; of whom shall I be afraid?"

Isaiah 41:10, "Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of My righteousness."

# Inferiority

John 1:11-12, "He came unto His own, and His own received Him not. But as many as received Him, to them gave He power to become the sons of God, even to them that believe on His Name:"

Ephesians 2: 8-9, "For by Grace are ye saved through faith; and that not of yourselves: it is the gift of God: Not of works, lest any man should boast."

#### Loneliness

Psalm 139:1-15, "To the chief Musician, A Psalm of David. O LORD, Thou hast searched me, and known me. Thou knowest my downsitting and mine uprising, Thou understandest

my thought afar off. Thou compassest my path and my lying down, and art acquainted with all my ways. For there is not a word in my tongue, but, lo, O LORD, Thou knowest it altogether. Thou hast beset me behind and before, and laid Thine hand upon me. Such knowledge is too wonderful for me; it is high, I cannot attain unto it. Whither shall I go from Thy Spirit? or whither shall I flee from Thy presence? If I ascend up into Heaven, Thou art there: if I make my bed in hell, behold, Thou art there. If I take the wings of the morning, and dwell in the uttermost parts of the sea; Even there shall Thy hand lead me, and Thy right hand shall hold me. If I say, Surely the darkness shall cover me; even the night shall be light about me. Yea, the darkness hideth not from Thee; but the night shineth as the day: the darkness and the light are both alike to Thee. For Thou hast possessed my reins: Thou hast covered me in my mother's womb. I will praise Thee; for I am fearfully and wonderfully made: marvellous are Thy works; and that my soul knoweth right well. My substance was not hid from Thee, when I was made in secret, and curiously wrought in the lowest parts of the Earth. Thine eyes did see my substance, yet being unperfect; and in Thy book all my members were written, which in continuance were fashioned, when as yet there was none of them. How precious also are Thy thoughts unto me, O God! how great is the sum of them! If I should count them, they are more in number than the sand: when I awake, I am still with Thee."

# **Depression**

Psalm 3:3, "But Thou, O LORD, art a Shield for me; my Glory, and the Lifter up of mine head."

Psalm 30:10-11, "Hear, O LORD, and have mercy upon me: LORD, be Thou my Helper. Thou hast turned for me my mourning into dancing: Thou hast put off my sackcloth, and girded me with gladness."

## **Failure**

Psalm 37:24, "Though he fall, he shall not be utterly cast down: for the LORD upholdeth him with His hand."

Romans 8:28, "And we know that all things work together for good to them that love God, to them who are the called according to His purpose."

# Rejection

John 6:37, "All that the Father giveth Me shall come to Me; and him that cometh to Me I will in no wise cast out."

Psalm 27:10, "When my father and my mother forsake me, then the LORD will take me up."

# **Emptiness**

Ephesians 3:19, "And to know the love of Christ, which passeth knowledge, that ye might be filled with all the fulness of God."

Romans 15:13, "Now the God of hope fill you with all joy and peace in believing, that ye may abound in hope, through the power of the Holy Spirit."

John 15:11, "These things have I spoken unto you, that My joy might remain in you, and that your joy might be full."

Psalm 107:9, "For He satisfieth the longing soul, and filleth the hungry soul with goodness."

## **Discontent**

Philippians 4:11-13, "Not that I speak in respect of want: for I have learned, in whatsoever state I am, therewith to be content. I know both how to be abased, and I know how to abound: every where and in all things I am instructed both to be full and to be hungry, both to abound and to suffer need. I can do all things through Christ which strengtheneth me."

Hebrews 13:5, "Let your conversation be without covetousness; and be content with such things as ye have: for He hath said, I will never leave thee, nor forsake thee."

## Guilt

John 3: 17-18, "For God sent not His Son into the world to condemn the world; but that the world through Him might be saved. He that believeth on Him is not condemned: but he that believeth not is condemned already, because he hath not believed in the Name of the Only Begotten Son of God."

1 John 1:9, "If we confess our sins, He is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness."

Psalm 103:12, "As far as the east is from the west, so far hath He removed our transgressions from us."

#### **Doubt**

James 1:6-7, "But let him ask in faith, nothing wavering. For he that wavereth is like a wave of the sea driven with the wind and tossed. For let not that man think that he shall receive any thing of the Lord."

Romans 14:23, "And he that doubteth is damned if he eat, because he eateth not of faith: for whatsoever is not of faith is sin."

Hebrews 11:6, "But without faith it is impossible to please Him: for he that cometh to God must believe that He is, and that He is a Rewarder of them that diligently seek Him."

Habukkuk 2:4, "Behold, his soul which is lifted up is not upright in him: but the just shall live by his faith."

# Despair

Psalm 34:17-19, "The righteous cry, and the LORD heareth, and delivereth them out of all their troubles. The LORD is nigh unto them that are of a broken heart; and saveth such as be of a contrite spirit. Many are the afflictions of the righteous: but the LORD delivereth him out of them

Romans 8:32, "He that spared not His own Son, but delivered Him up for us all, how shall He not with Him also freely give us all things?"

## Death

Romans 14:12, "So then every one of us shall give account of himself to God."

Romans 6:23, "For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord."

John 5:24, "Verily, verily, I say unto you, He that heareth My Word, and believeth on Him that sent Me, hath everlasting life, and shall not come into condemnation; but is passed from death unto life."

2 Corinthians 5:21, "For He hath made Him to be sin for us, Who knew no sin; that we might be made the righteousness of God in Him."

Romans 3:22-23, "Even the righteousness of God which is by faith of Jesus Christ unto all

and upon all them that believe: for there is no difference: For all have sinned, and come short of the glory of God;"

Proverbs 10:2, "Treasures of wickedness profit nothing: but righteousness delivereth from death."

Psalm 116:15, "Precious in the sight of the LORD is the death of His saints."

1 Corinthians 15:55, "O death, where is thy sting? O grave, where is thy victory?"

John 10:28, "And I give unto them eternal life; and they shall never perish, neither shall any man pluck them out of My hand."

Acts 16:31, "And they said, Believe on the Lord Jesus Christ, and thou shalt be saved, and thy house."

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